

GET INVOLVED

10 THINGS YOU CAN DO FOR BIODIVERSITY



**museu de
ciències naturals
de Barcelona**

It's up to each of us to do our part. Little changes in our habits that together will help us create the big change that we need.



01

Limit your use of energy

Cut down on your use, opt for renewable energies, minimise your use of private transport.



02

Make the most of water

Reduce your water use, install water savings devices, recycle grey water.



03

Reduce your waste production

Avoid single-use products and those with excessive amounts of packaging. Re-use or recycle everything you can.



04

Buy locally-grown foods and products made with nature-friendly systems

Choose fresh, seasonal foods. Reduce your meat intake and eliminate products with a more negative impact on the environment.



05

Reduce your technology use

Prolong the life of your mobile phone, laptop computer and any other electronic device.



06

Let nature into your home

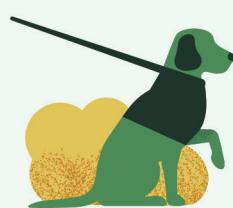
Plant autochthonous species on your balcony or in your garden. Avoid using invasive exotic species.



07

Take measures at work, as well

Reduce your use of energy, plastic and paper. Promote corporate responsibility within the company.



08

Be respectful of the environment whenever you're out in nature

Keep to the marked paths and trails and stay within the designated areas. Do not let pets roam freely.



09

Find out about the environmental problems and do something to change them

Take an interest in learning about nature and find out what you can do to help biodiversity.



10

Get involved in a project as a volunteer

Join a nature conservation organisation or participate in a citizen science project.

ENJOY NATURE AND ALL THE GOOD IT DOES FOR US, WITHOUT HARMING IT